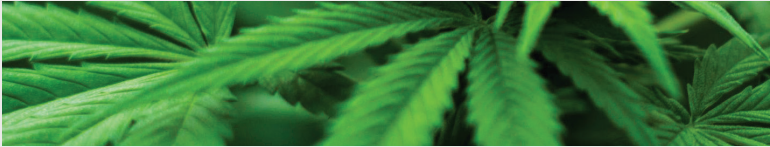


Frequently Asked Questions about **CBD**



What is **CBD**?

- Cannabidiol or CBD is an active component of the cannabis family.
- This is **not the same** as medical marijuana!

How is CBD available?

- Tablets, capsules, solutions, oils, edibles, topicals, inhalants, suppositories etc.

Does CBD cause you to get “high”?

- **NO**, CBD does not cause the user to get high.
- THC is the component of the cannabis family that causes a high.

Is CBD legal in New York State?

- **YES**, CBD is legal if the product contains **THC concentrations of 0.3% or less**.

Who regulates over the counter CBD products?

- **NO ONE is regulating** over the counter CBD products!

What are the potential benefits of CBD?

- The **ONLY** FDA approved use for CBD is in the case of refractory childhood-onset seizures due to Dravet and Lennox-Gastaut syndrome.
- The use of CBD to treat other symptoms or diseases has not been well studied to determine if benefit exists. CBD products are expensive and their over the counter uses are not currently supported by scientific evidence.

What are potential negative effects of CBD?

- Diarrhea, dizziness, drowsiness, fatigue and liver damage.

Does CBD interfere with my other medications?

- CBD can interfere with other medications, including common over the counter medications such as omeprazole (Prilosec).
- Always check with your doctor or pharmacist when starting any new medications to ensure there are no potential negative drug-drug interactions.

Doctors advise caution with CBD products as there is a lack of science to support their safety and a lack of regulation. There are alternative products that are more well studied, safer, and regulated.

Please ask your doctor for more information regarding these products.

