

Immediate Mental Health Crisis Support and Treatment

ECMC HelpCenter

Confidential Outpatient Clinical Services

- An urgent care service for walk-in mental health treatment of adults in crisis who do not require psychiatric emergency treatment or inpatient care
- Individualized services addressing each patient's needs with a focus on wellness to aid those experiencing:
 - anxiety
 - depression
 - obsessive thoughts and behaviors
 - hallucinations
 - feelings of hopelessness / helplessness

HelpCenter counselors can also provide assistance for follow-up appointments with ECMC's Partial Hospitalization Program, Adult Child & Family Clinic, Downtown Clinic, and MAP Clinic for medication and prescriptions, as well as other area clinics.



HelpCenter

Hours:

Monday-Friday: 8:00am-10:00pm

Saturday, Sunday

& Holidays: 10:00am-6:00pm

716-898-1594

462 Grider Street, Buffalo, NY 14215