



JAMES CORASANTI, MD  
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Name: 10 Test  
Address: Testing Lane  
Castile, NY 14427

Date of procedure: 00/00/00  
Procedure time: --:--  
Arrival time: --:--

### **PREPARATION FOR EGD (UPPER ENDOSCOPY)**

The procedure lasts about 10-20 minutes, with a recovery time of 30-60 minutes. You **must** bring someone to drive you home after the procedure due to the sedation that you are given. This procedure will not be done if you do not have a driver. The driver **must** remain in the facility for the duration of the procedure. Also, you will not be allowed to drive or work for the rest of the day. One hour after the procedure you may try to drink water. If you are unable to swallow easily, wait another hour and try again. You may have a mild sore throat that could last 1-2 days. Please notify us if you have had a heart attack in the last 6 months, have had endocarditis or rheumatic heart disease. If you are a diabetic please notify your doctor who monitors your insulin to adjust the dosage.

**If you are taking any anti-coagulation medication, please discuss with the provider that prescribes it before discontinuing the medication in preparation for your Endoscopy with us.**

- **Please discontinue** any aspirin or ibuprofen containing products such as Advil, Motrin, arthritic medications, Trental, Pletal, Persantine, Plavix, Coumadin, Celebrex, Aggrenox, Lovazam Elmiron, Omega 3, fish oil, and any oral iron **5-7 days prior to your procedure**. If you take Lisinopril, do not take the morning of your procedure because it may cause an unsafe drop in your blood pressure. If you take Lovenox, please do not take your dose the day of your procedure as it will cause your procedure to be cancelled.
- **On the day before your test**, you may eat regular meals, but **do not eat or drink anything after midnight**. If your procedure is scheduled after 11:00am, you may have clear liquids up to 5 hours prior to the procedure. The morning of your procedure you may take your prescribed medications (other than the ones listed above) with a small amount of water. If you are uncertain about which medications to take, please call our office.

**Clear liquids include:** black coffee, tea, clear carbonated beverages, apple juice, water, lemon ice, Jell-O, popsicles, hard candy or lozenges. You **cannot** have anything that contains a **red** or **purple** dye.