



JAMES CORASANTI, MD
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Patient Name: 10 Test

Date: 00/00/0000

Arrival Time: --:--

Procedure Time: --:--

Flex Sigmoidoscopy

To ensure a successful exam, Please follow the following instructions:

Purchase (from your local Drug store):

- 2 fleet enemas
- A 10 ounce bottle of magnesium citrate

The day before your procedure:

Please maintain a CLEAR LIQUID diet all date

Drink 10 ounces of magnesium citrate

The morning of procedure:

Use 2 fleet enemas - as directed

*A clear liquid diet consists of:

Clear bouillon, chicken broth, vegetable/beef broth, tea/black coffee, apple juice, lemonade, Italian ice, popsicles, jell-o ****No RED color****

Any questions please feel free to contact our office at: (716) 626-2644