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SURGERY

Division of General & Colorectal Surgery
1150 Youngs Road, Suite 203
Williamsville, NY 14221
P: (716) 636-9004 F: (716) 636-0132

Colonoscopy Information for Patients of Dr. John Ortolani

You have been scheduled for a colonoscopy at the Center for Ambulatory Surgery, located at 550 Orchard Park Road, Building A Suite 102, West Seneca NY 14224. Please report to the admissions desk. If you need a COVID-19 test, someone from the surgery center will contact you to schedule it.

Patients undergoing this type of procedure will arrive at the facility the day of the procedure and go home the same day. You must bring someone with you who will be able to stay with you and drive you home. Be sure to check your voicemail and answering machine regularly, as the time of surgery may change.

MEDICATIONS AND SUPPLEMENTS

If you are taking any Aspirin products, nonsteroidal anti-inflammatory drugs, Coumadin, Plavix, or other blood thinning products, please call our office at (716) 636-9004 ext. 236. These need to be stopped with clearance from your primary care physician or cardiologist 5 days before the procedure. Do not take any iron pills, iron supplements, and other supplements containing fish oil or flax seed oil 5 days before the examination. If you are a diabetic, please contact your primary care physician. They will need to regulate the dosing of your insulin or glucose for the day of the procedure. You may continue taking asthma, anti-anxiety, or seizure medications.

Please do not consume any corn for 5 days prior to the procedure.

FINANCIAL RESPONSIBILITY

Medical insurance may not cover the entire cost of this procedure. You will be responsible for any co-pays, co-insurance, deductibles, or non-covered services, as determined by your insurance. It is the patient's responsibility to understand their insurance benefits and financial responsibility. Please contact your insurance company to request your benefit and eligibility information or if you have any questions regarding your coverage for this procedure.

COVID-19 VACCINATION

If you have been vaccinated, please send us a copy of your vaccine card. Make sure the entire card can be seen clearly and legibly. You may email a copy to cmajewski@gppconline.com, mail it to 1150 Youngs Road, Suite 203, Williamsville, NY 14221, or fax it to 716-636-0132. Please also bring the ORIGINAL COPY of your vaccine card with you on the day of the procedure.



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COLONOSCOPY PREP

Purchase at the pharmacy:

- One (1) 238 gram bottle of MiraLAX
- One (1) 300 mL (10 oz) bottle of Magnesium Citrate
- Four (4) Dulcolax tablets (5 mg each)
- One (1) 64 oz bottle of Gatorade **(NO PURPLE OR RED)**

The Day Before the Procedure:

1. You will be on a CLEAR LIQUID diet (see below) all day.
2. Mix bottle of MiraLAX with the 64 oz of Gatorade. Shake and refrigerate.
3. At 1 p.m., take four (4) Dulcolax tablets with a glass of water.
4. At 3 p.m., drink 300 mL (10 oz) of Magnesium Citrate.
5. At 5 p.m., drink an 8 oz glass of MiraLAX/Gatorade mixture every 15-20 minutes until gone.
6. **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**

The Day of the Procedure:

1. Take any heart, blood pressure, asthma, or anti-anxiety medications with a sip of water.
2. **BRING SOMEONE TO DRIVE YOU HOME.** Because of the effects of the sedation, you may not drive for the remainder of the day.

A CLEAR LIQUID diet means: no milk or milk products; no solid foods; no products containing RED or PURPLE dyes. Most cola soft drinks like Pepsi and Coke have red dyes in them.

You can have water, clear broth or bouillon, coffee/tea (without milk or non-dairy creamer), sherbet, strained fruit juices without pulp, Gatorade, ice popsicles, carbonated and noncarbonated soft drinks, Kool-Aid, plain Jell-O (without fruit or toppings).